

# Teodora Panuş

Contact:

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## Education:

- Bachelor of Law, Moldovan State University, 2023
- pre-Bachelor of Economics and Accountancy, National College of Commerce, 2019

## Professional Experience:

### President - National Youth Council of Moldova | 2022-2024

- Led strategic initiatives to promote youth civic and political participation.
- Established the Eastern Partnership National Youth Council (EaP NYC) network with the support of the Danish Ministry of Foreign Affairs.
- Advocated for youth issues at national and international levels, ensuring their inclusion in policy and decision-making processes.
- Mentored and supported youth leaders, fostering their development and engagement.
- Conducted watchdog actions to monitor and ensure effective cooperation between the Local Public Administration (LPA) and youth organizations and initiative groups.
- Coordinated the Working Group 4 – Contacts between People, of the Moldovan National Platform of Eastern Partnership Civil Society Forum.
- Engaged in the:
  - National Working Group on the National Action Plan for EU integration of Moldova (MFA)
  - National Working Group on the program for the development of youth policies for the year of 2023-2024 (CoE)
  - National Campaign for the promotion and capacity development of Pupils' Councils regulation

### Vice President - National Youth Council of Moldova | 2020-2022

- Managed portfolio areas including MO management, youth initiative group development, volunteering activities, and youth education.
- Initiated and implemented projects to enhance the participation and engagement of young people in decision-making processes.
- Coordinated advocacy campaigns on issues relevant to youth, promoting their rights and well-being.
- Played a key role in establishing partnerships and collaborations with local and international stakeholders to amplify youth voices.

### AEGEE-Europe - European Students Forum | 03/2017 – Present

- Engaged with AEGEE-Chişinău, a local branch of AEGEE-Europe, since 2017, actively participating in various projects and events.
  - Held positions such as President, Human Resources Coordinator, Treasurer, Grants Coordinator, and Project Coordinator within AEGEE-Chişinău.
- Served as Vice President of AEGEE-Europe during the 2021-2022 term, overseeing project management, internal projects related to neighboring countries, external relations, and partnership building.

### Founder - AO Prietena Mea | 12/2020 – Present

- Established an organization with a focus on consolidating associative structures working on topics related to the inclusion of youth with disabilities in the Republic of Moldova, specifically individuals with Down syndrome.
- Developed and implemented training, lobbying, and consulting programs.
- Promoted inclusion and advocated for equality, equity, social inclusion, and non-discrimination principles.

#### Expertise, Trainer & Mentor | 2018 - Present

- Facilitated training sessions on youth participation, campaigning and advocacy actions, grant writing, project management, NGO management, and youth inclusion.
- Provided expertise and mentoring to individuals and organizations in the youth sector, with a specific focus on CSOs and LPA cooperation.
- Mentored local youth advocacy initiatives and campaigns.
- Authored reports on various topics, including:
  - monitoring report on the national strategy of alcohol consumption;
  - analysis report on the legal framework for lowering the voting age to 16;
  - alternative report on ECRI report on Moldova within the youth component;
  - manual for local youth-led advocacy campaigns;
  - alternative report on youth and SDGs implementation until the year of 2023;
  - overview of youth policy implementation 1992 – 2023;
  - monitoring of EU funds investment in neighboring countries 2023-2024;
  - monitoring of LPA funding towards youth 2023;
  - monitoring of State (CPA level) funding towards youth 2024;

#### Coordinator of Human Resources - Projects, Actions, Campaigns, others | 2015 - Present

- Demonstrated progressive growth within HR roles and successfully managed HR teams and contributed to the successful execution of various projects and campaigns.

#### Communication Coordinator - Long-term and Short-term Projects | 2020 – Present

- Led the development and implementation of effective communication campaigns.
- Played a key role in growing and improving communication strategies for projects and organizations.
- Supported in the growth of communications campaigns for state-level initiatives.

#### **Languages:**

- Romanian: Native language
- English: Proficient level (C2)
- Russian: Second language (B2)
- Spanish: Basic level (A2)